

# Florida 4-H Events & Activities Handbook



*September 1, 2008 – August 31, 2010*



This handbook explains the rules under which all 4-H District and State Events and activities are conducted. It is also recommended as a guide for conducting club and county events. It is very important that both volunteer leaders and 4-H agents understand and have 4-H'ers adhere to the general guidelines for all events and the additional specifications for competitive activities at District, State and National events.

All 4-H events should foster a strong educational 4-H program by providing physical, mental, social, and emotional growth experiences for individual 4-H members. Events should give 4-H members positive, meaningful experiences in leadership and citizenship development.

Strong county programs are one of the staples of 4-H. District, State, and National Events offer many exciting opportunities ranging from educational conferences, workshops, and camps to competitive exhibitions, demonstrations, public speaking, and judging events. Any District or State Event planned should emphasize and support the county/club level program.

Competitive events do not appeal to all youth so county 4-H programs should also offer non competitive, cooperative learning activities in a balanced, informal educational program.

Competitive events are a planned part of the 4-H curriculum, designed to allow youth to:

- gain experience and develop skills in gathering, preparing, and presenting educational information.
- enhance decision making capabilities.
- make public presentations.
- learn standards by which comparisons are drawn.
- develop good sportsmanship.

Competitive events are just one of the many teaching methods used by 4-H leaders and Extension Agents. You are encouraged to keep competitive events in the proper perspective, making sure the event or award does not become an end in itself. The emphasis should be placed on providing an educational experience for the 4-H'er and not on the importance of winning an award. It is imperative that we, as agents and leaders, realize that the real winner is the 4-H'er who learns about being a more responsible member of society.



# Table of Contents

EVENT LOGISTICS, GUIDELINES, & DEADLINES.....	5
GENERAL INFORMATION: DEFINITION OF TERMS.....	6
GUIDELINES FOR 4-H MEMBERSHIP AND ENROLLMENT.....	7
GUIDELINES FOR 4-H COMPETITIVE AND NON-COMPETITIVE EVENTS.....	8-12
FLORIDA 4-H DEMONSTRATIONS AND ILLUSTRATED TALKS.....	13-15
Animal Sciences	
Animal Industry.....	13
Companion Animal.....	13
Horse.....	13
Civic and Leadership Development	
Civic and Leadership Development.....	13
Communication and Expressive Arts	
Communication & Media Arts.....	14
Leisure & Performing Arts.....	14
Environmental Education	
Earth Sciences.....	14
Natural Resources.....	14
Family and Consumer Sciences	
Child & Human Development.....	14
Consumer Education & Money Management.....	14
Clothing and Textiles.....	14
Workforce Preparation and Career Development	
Workforce Preparation and Career Development.....	14
Healthy Lifestyles	
Food Preparation .....	15
Food Science, Safety, & Nutrition.....	15
Health & Safety.....	15
Plant Sciences	
Plant Connections.....	15
Science and Technology	
Mechanical, Electronic Science, Petroleum Power, and Small Engines.....	15
COMPETITIVE AND NON-COMPETITIVE STATE EDUCATIONAL PROGRAMS.....	16
Animal Sciences	
Horsemanship Schools.....	16
Southeastern 4-H Youth Dairy Retreat.....	17
National 4-H Dairy Conference.....	17
State 4-H Dog Training Show and Teaching Seminar.....	18
Dairy Goat Judging Contest.....	18
Dairy Poster Contest.....	18-19
Dairy Judging Event.....	19



# Table of Contents

Dairy Quiz Bowl.....	20
Florida State 4-H Youth Dog Show.....	20-21
Florida State 4-H Youth Dog Quiz Bowl.....	21
Horse Bowl.....	22
Horse Public Speaking.....	22-23
Hippology Contest.....	23-24
Horse Judging Event.....	24
Hog-n-Ham.....	25
Livestock Judging Event.....	25
Meats Judging and Identification.....	26
Poultry Judging Event.....	26
Miscellaneous Poultry Events.....	27
<b>Civic and Leadership Development</b>	
Executive Board Weekend.....	28
Leadership Adventure Weekend and Intermediate State .....	28
Florida 4-H Congress.....	29
Florida 4-H Legislature.....	29
Citizenship Washington Focus.....	30
National 4-H Congress.....	30
National 4-H Conference.....	31
Southern Region Volunteer Leader Forum.....	31
<b>Communication and Expressive Arts</b>	
Photo Contest.....	32-33
Poster Art Contest.....	33-34
Public Speaking Contest - General.....	35-36
Share-The-Fun Program.....	36-37
<b>Environmental Education</b>	
Florida 4-H Residential Summer Camps.....	38
Florida 4-H Marine Camp.....	38
Florida 4-H Sportfishing and Shooting Sports Camp.....	39
4-H Beekeeping Essay Contest.....	39-40
Forest Ecology Judging Event.....	40
Wildlife Habitat Evaluation Program (WHEP) .....	40-41
Land Judging Event.....	41
Florida 4-H Marine Ecology State Event.....	41-42
Florida 4-H Marine/Aquatic Photography Contest.....	42
Shooting Sports State Matches.....	43
<b>Family and Consumer Sciences</b>	
Florida State Fair Fashion Show.....	43-44
Clothing Construction, Selection and Fashion Revue.....	44-45
<b>Plant Sciences</b>	
Horticulture ID and Judging.....	45
<b>Progression System at a Glance.....</b>	<b>46-47</b>



# **EVENT LOGISTICS, GUIDELINES & DEADLINES**

Events and activities at the county, district, and state level allow youth to experience 4-H through “learning by doing”. To help provide consistency at the state level for events and activities, the following guidelines have been established. These guidelines will apply to all state level events that are included in this handbook, as well as those that may be available to 4-H members that are not covered here.

## **Florida 4-H Participation Form**

Any youth who travels outside of his or her county to attend a state level event **MUST** carry a signed participation form. This form provides required information for any person who may need to transport a youth to a medical facility or provide first aid. Penalties for not having a participation form in possession will vary for each event. In many cases the youth will be unable to stay and participate in the activity. For a copy of the participation form, please refer to the State 4-H Events Web site. Some events may require that a participation form be sent in with event registration materials. Any participation form sent in advance should not replace the one carried by the participant during travel.

## **Registration Procedures & Logistics**

- State level events are handled through the State Events Office, or by designated subject matter specialists. Consult the State 4-H Events Calendar to determine who is responsible for each event.
- Registration fees cover the cost of materials, equipment, supplies, and other expenses associated with events. The fees are established by the specialist responsible for the event.
- Each specialist will create and distribute registration packets or provide a Web site to counties or event participants. Registration procedures will be outlined in this information. Read over them carefully and make note of all deadlines and fees.
- Questions concerning events and activities programming should be directed to the specialist in charge. Many specialists use the State Events Office to handle registration procedures. Inquiries concerning registration, fees, and deadlines can be directed to the State Events Coordinator. Consult the State 4-H Events Calendar to determine who the specialist in charge is.

## **Registration Fees and Deadlines**

- Registration fees are due by the specified deadline. If they are not received by this deadline, late fees may be imposed. Counties or participants will be responsible for paying all late fees.
- Fees and deadlines will be outlined in each registration packet or event Web site.
- Always check for earlier county deadlines than what is required by the state.



## **GENERAL INFORMATION: DEFINITION OF TERMS**

4-H Program Year	The 4-H year starts September 1 and ends August 31 of the following year. 4-H enrollment and participation revolve around this 4-H program year definition.
Project	A series of learning experiences within an area of interest. Members learn and then share what they've learned. A 4-H project is what a 4-H'er learns, creates, or acts out, for example: learning to grow a garden, making a dress, or training a dog. 4-H members should work on at least one project each year and complete the records for that project.
Large Animal Project	An animal project that requires the 4-H'ers involvement or ownership and care of a large animal (i.e. sheep, goat, swine, beef, dairy, llama, ostrich, or horse). This would include any supporting events and activities in the large animal projects.
Demonstration or Illustrated Talk	A "show and tell" presentation in a specific curriculum area, using posters and visual aids to communicate presentation content.
Speech	A talk given without the use of props, posters, or visual aids.
Summer Residential Camp	An educational, fun camping experience at one of the state 4-H camps for two or more days.
Specialty Camps	Refers to a subject specific camp (horse, marine, entomology, etc.) that may require previous experience in the subject matter prior to participation.
Judging Events	A special activity in which a team of 4-H members and/or an individual 4-H member test their knowledge about a particular project area against 4-H members from other counties. Current areas of competition include: Horse, Livestock, Poultry, Land, Dairy, Meats, Forestry, Consumer Choices, Marine, Wildlife, Horticulture, Clothing, and Fashion Revue.
County Events	Demonstrations and speeches held in a contest setting for Juniors, Intermediates, and Seniors in various categories. Placings are awarded based on achievement of standards and peer competition and judges give evaluative comments. Qualifiers for the District level events are selected at the County level.
District Events	District competitions in the demonstration and speech categories. Senior qualifiers in these areas will go on to compete in state level competition, typically occurring during State 4-H Congress.



# **GUIDELINES FOR 4-H MEMBERSHIP AND ENROLLMENT**

4-H membership is available to all youth ages 5-18 without regard to race, color, sex, handicap, religion, or ethnicity. However, selected projects/programs do have ENROLLMENT RESTRICTIONS. Not all projects or program activities are deemed appropriate for all age ranges due to developmental appropriateness, safety, or insurance considerations.

## **Restrictions for Cloverbud 4-H'ers Age 5-7**

### **Project/Program Participation**

- Any large animal projects, events or activities: children 5-7 years old will not be allowed to enroll in any large animal projects (i.e. sheep, goat, swine, beef, dairy, llama, ostrich, horse) or participate in any livestock or horse shows. A 4-H'er must be 8 years of age at the beginning of the current 4-H program year (September 1) in order to enroll in a 4-H large animal project.

This policy does not prohibit 5-7 year olds from learning about large animals through attendance at meetings or field trips. They cannot participate, however, in 4-H activities that bring them in contact with large animals due to safety and insurance considerations.

Animal projects for 5-7 year olds will be limited to "lap animals" only. This age group will focus on animals that provide companionship as opposed to production animals.

- Shooting sports & motorized vehicle programs: shooting sports and motorized vehicle 4-H programs will not permit the participation of 5-7 year olds. Again, safety and insurance considerations are the reasons for this stipulation.
- State-operated summer residential camps: summer residential camping programs, operating in cooperation with the University of Florida 4-H programs, are not designed to address the unique developmental and supervisory needs of 5-7 year olds. Therefore, this age group is not eligible to participate in these residential camping programs. Family camps, especially designed to include 5-7 year olds, are encouraged.

### **Competitive Event Participation**

4-H'ers who are 5-7 years of age are ineligible to participate in competitive activities at any level (club, county, district, state, national, or international). However, they may exhibit or share project activities at a participation level for feedback. "Participation" awards rather than "placement" awards should be given to this age group.



# GUIDELINES FOR 4-H COMPETITIVE & NON-COMPETITIVE EVENTS

## **Participation Criteria**

In order to participate in County, District, State, Regional, and National 4-H Events and activities, a youth must already be a Florida 4-H member with a current enrollment form on file with their County Extension Agent. Therefore, any enrollment/membership requirements must be satisfied before 4-H'ers may become involved in supporting events and activities.

General Regulations for 4-H members in District, State or National Events, a participant must:

- be enrolled in the 4-H project, related project, or activity area for the event entered.
- meet any other regulations pertaining to the specific event or activity entered.
- have a current, completed, and signed Florida 4-H Participation Form on file.

## **Age Divisions**

Age regulations are designed to give youth involved in 4-H events and activities the optimum experience in their respective programs. It is important for one to be aware of the various age requirements for participation in each event and activity. Age requirements can vary for 4-H events and activities held within the state and at the Regional and National level.

Eligibility for enrolled 4-H'ers (those who have met previously stated enrollment criteria) is determined by the student's age as of September 1 of the current program year for which they are enrolled. Any exceptions are noted under Participation Criteria with the event. Age classifications for most events and activities are the following:

**Cloverbuds (5-7 Years of Age)** - Children under 8 years of age are ineligible to participate in competitive activities at any level (Club, County, District, State, National or International). 5-7 year olds may exhibit or share project activities at a participation level (for feedback). "Participation" awards should be given to this group, but not "placings". A complete list of restrictions for 5-7 year olds, such as those placed on participation in projects, events, and activities dealing with large animals, shooting sports, motorized vehicle programs, and state operated summer residential camps, can be found on page 7.

**Junior Participants (8-10 Years of Age)** - Any 4-H'er 8-10 years old as of September 1 of the current 4-H program year is considered a junior.

**Intermediate Participants (11-13 Years of Age)** - Any 4-H'er 11-13 years old as of September 1 of the current 4-H program year is considered an intermediate.

**Senior Participants (14-18 Years of Age)** - Any 4-H'er 14-18 years old as of September 1 will be considered a senior. Senior level 4-H participation in Florida usually begins at age 14, and the 4-H'er must not have passed their 19th birthday or graduated from high school.

**National 4-H Age Requirements** - Eligibility for 4-H participation is 5-18 years of age. In many cases, senior level participation at Regional and National events is 14 years of age or older. Information on age requirements for specific events can be found under the events summaries.



## **Cost**

The cost to 4-H'ers participating in events and activities varies. Specific dollar amounts are given in the registration information sent to all counties or provided in the events Web site.

## **Program Specific Criteria**

### **Projects**

Many of the supporting events and activities require that 4-H'ers have previous experience in project-related learning situations prior to being involved in a certain event.

### **Attire**

As part of any District or State Event, proper conduct and dress by 4-H participants, leaders, and agents is important. It is requested that local leaders and Extension Agents make sure that proper attire is being worn by all county representatives. Appropriate dress means that clothes are neat, clean, and modest. Green and white or black and white fashions are appropriate for the event, however, youth will not be penalized in competitive events if attire in these colors is not available. Clothing with messages or commercial logos are discouraged.

### **Grade Point Average**

Students grade point averages (GPA's) cannot be used as criterion for entry into a 4-H event. (See the following paragraph discussing the Raise Bill).

**RAISE BILL** - The RAISE Bill, passed in 1984, states that "In order for a student to be eligible to participate in interscholastic, extracurricular student activities, they must maintain at least a 1.5 grade point average (GPA) on a 4.0 scale, or its equivalent, for the semester immediately preceding participation." Several Fair Boards have adopted this rule as one of the conditions governing eligibility to participate in livestock shows and sales.

While the Cooperative Extension Service (CES) supports the law's intent (i.e. to encourage high school students to enhance their academic performance), CES does not preclude participation in 4-H livestock programs on the basis of GPA:

1. 4-H in Florida is not an extracurricular student activity conducted by the schools. 4-H is the community-based educational program of the University of Florida, conducted in cooperation with USDA and county governments. 4-H livestock shows are designed as an important component of the 4-H educational experience and are not considered a school-related extracurricular activity.
2. 4-H must make its programs available to all youth 5-18 years old, as set forth by the State Department of Education, Department of Universities, and USDA in their non-discrimination criteria. To use other criteria as a basis for participation is considered illegal. Additional information about the University of Florida IFAS statement of organization and operations can be found at [www.generalcounsel.ufl.edu/rules.htm](http://www.generalcounsel.ufl.edu/rules.htm) . Reference 6C1-6. The non-discrimination policy can be found at the same web site under 6C1-1.0061.
3. Privacy of information laws state that student records are not open to non-school personnel, including county 4-H faculty, without student/family approval. Thus, county 4-H faculty are not in a legal position to monitor or enforce the GPA rule.



## ***Guidelines For County Cooperative Extension System Faculty***

If 4-H is a partner with the Fair Board or sponsoring organization in planning fairs, exhibits, or events, the following are true about implementing and evaluating the livestock show and sale:

1. 4-H'ers 5-7 years of age are ineligible to enroll in any large animal projects (i.e. sheep, goat, swine, beef, dairy, llama, ostrich, horse) or participate in any livestock or horse shows. A 4-H'er must be 8 years of age at the beginning of the current 4-H program year (September 1) to be eligible to enroll in a large animal 4-H project and to own a large animal.
2. The GPA rule may not be used as criterion for participation.

If 4-H is not a partner with the Fair Board or sponsoring organization in planning and conducting the program and these groups choose to control participation (allowing children under 8 years of age to participate, using GPA or other criteria not acceptable to 4-H), then 4-H members may be invited to participate as private citizens. However, the sponsoring organization will be responsible for monitoring GPA and/or other participation criteria. In this situation, the cooperating organizations may not use the 4-H name and emblem in the title of the event, promotional material, or fund raising activities.

## ***County, District, State and National Competitive Events***

Competitive events within the 4-H Program occur at county, district or area, state, regional or national levels. Most competitions require some qualifying level of participation. This progression may be county - district - state OR county - state levels. The time and location of some State events are subject to change.

# ***COMPETITIVE EVENT REGULATIONS***

These additional guidelines relating to District and State level junior, intermediate and senior competitive events must be complied with, regardless of participation category. Additional participation categories for juniors and intermediates may be established by districts to encourage greater participation by younger 4-H members. This is a decision of the District Event Planning Committee.

## ***General Regulations***

- A youth must be a 4-H member:
  - enrolled in the event or project at least 30 days before event.
  - who completed at least one year of 4-H work including the current year, as established by the County 4-H Agent.
  - who meets all other specified requirements for the specific event entered.



- When a 4-H member or FFA member participates on a state winning judging team or activity, the member is not eligible again in the same activity with the other organization. For example, a member of the State FFA Land Judging Team cannot participate in the following year's State 4-H Land Judging Contest. This guideline applies at the state/national levels.
- For judging events, senior participants must not have been a previous first place state winner in the event entered. Any 4-H'er who was on a first place team may not compete as an individual. An individual first place winner may not compete as a team member in the same subject area. Exceptions can be made to this ruling by the specialist in charge of the judging event if these guidelines are not in accordance with the National contest. Exceptions are not made in the case of demonstrations and illustrated talks or public speaking competitions.
- Junior and intermediate members will be allowed to return and continue to compete in state events even if they have won first place in their division.
- Seniors on a 1st place team at the designated State 4-H event who qualified and/or participated at the designated National event cannot come back in the same state event. State level winning senior teams should encourage alternates to practice with the team in the event that one of the team members is unable to compete at the National competition. Should a substitution be required for a team, the specialist for the contest should direct how the substitution is made.
- Specialists reserve the option to cancel an event if participation is too low to justify the resources needed to conduct the event.
- Rules for participation in non-state events (events not designated as the "State" 4-H contest for a given subject area) shall be determined by the fair, livestock association and/or the advisory groups to these fairs or associations which sponsor the event, in accordance with the limitations previously presented (see pp.7-10).

***Other Regulations - Demonstrations/Illustrated Talks, Speeches, Talent Performances:***  
**Regardless of category entered, the following regulations apply:**

- No living vertebrates (i.e. fish, amphibians, reptiles, birds, or mammals) may be brought to district or state level events.
- Demonstrations or illustrated talks must be between 3-12 minutes for juniors and intermediates, and 5-12 minutes for seniors.
- A team demonstration is one in which two team members participate both in speaking and presentation. No more than two members per team.
- State entries must have competed at the county/district levels. Participation guidelines for county/district level activities that do not culminate at the state level are at the discretion of planning committees at the county/district.



- Each presentation (i.e. demonstration, illustrated talk, Share-the-Fun activity, speech, etc.) will be the same from district level to state level. A 4-H'er should definitely improve on his/her activity but it must remain basically the same.
- If a 4-H'er is participating at the state level with a similar illustrated talk or demonstration to the previous year, the demonstration or illustrated talk must be changed to include more depth and growth.
- Participants must provide all equipment and supplies for their presentations.
- Competitors are responsible for all aspects of their preparations and set-up of their competitions. Only competitors are allowed in the set-up/dressing room at State Competitions.
- In demonstration categories where one entry is needed to be recognized as the official state entry for a regional/national competition, the judges will be asked to select the overall entry from the 1st place individual and 1st place team, provided this meets respective national guidelines.
- During Florida 4-H Congress, individual 4-H'ers can participate in one demonstration OR public speaking OR Share-the-Fun event AND one judging/other event (i.e. Fashion Revue), as long as schedule permits. Please contact the State Events Coordinator to confirm Congress schedule for these events. Youth at county and district levels can be encouraged to participate in both demonstrations and judging or other events. 4-H'ers may compete in contests and be a council delegate.
- The Demonstration/Illustrated Talk and Public Speaking competitions combine two forms of achievement and recognition for youth. These are:
  - a) Standards of Excellence established by experts (as defined by the scorecards for Demonstration/Illustrated Talk or Public Speaking Contests). By measuring personal progress against standards of excellence, youth can gain insight into their own efforts and abilities.
  - b) Peer Competition, a panel of judges subjectively identifies, in a concrete time and place, the best teams or individuals through rankings. It is a strong motivator for some youth, but is inappropriate for youth under the age of eight.

In State Congress Competitions, using both “standards of excellence” and “peer competition”, as described above, participants will first be recognized for reaching a standard of excellence. Blue, Red, and White levels are used to determine the standard met. Participants will then be recognized through peer competition for earning 1st, 2nd, or 3rd place within their category. Only blue standard participants at district events should progress to state level competitions. Only blue standard participants at state level events may compete at the corresponding National Event. All judges’ decisions are final.



# FLORIDA 4-H DEMONSTRATIONS AND ILLUSTRATED TALKS

The following categories in this handbook dealing with demonstrations and illustrated talks are defined as broadly as possible, but 4-H'ers should adhere to the fundamental outlines given. Demonstrations should be placed in the category that most closely relates to the topic given. Otherwise, demonstrations or illustrated talks may not be suitable for competition at the district and state levels. Competitors must also adhere to the regulations for competitive events listed on the previous pages.

- **District:** Each county may enter all blue qualifying junior, intermediate, and senior individuals and all blue qualifying junior, intermediate, and senior teams. Counties reserve the option of working with red placing entries, to improve the entry to a blue level and qualify the entry for district competition.
- **State:** Each district may enter all blue qualifying senior individuals and all blue qualifying senior teams in state level competition. Participants must meet a blue standard in district competition to qualify for state.
- **Regional/National:** Selected project areas give 4-H'ers the opportunity to compete beyond the state level. In such cases, one overall demonstration will be certified for competition although there may be an individual and team winner at the state level.

## ***Animal Science***

### **Animal Industry**

Includes all presentations related to beef cattle, dairy cattle, swine, layer, broilers, turkeys, rabbits, meat goats, dairy goats, quail, duck, geese and ratite. Topics can include production systems relating to genetic selection, feeding management, health management, reproductive management and marketing; processing systems relating to converting or utilizing live animals to create food products such as milk, eggs, meat and other products; and wholesale, retail and food service merchandising of animal products.

### **Small Animal and Pets**

Includes all presentations related to dogs, cats, rabbits (not related to meat production), rodent pets, and other pets, including pet facilitated therapy in nursing homes, etc.

### **Horse**

Includes all demonstrations pertaining to horses.

- The top two teams are eligible to participate in the Southern Regional 4-H Horse Championships (location rotates between several states).
- The winning team at the State Competition will be eligible to represent Florida at the Eastern National 4-H Horse Roundup in Louisville, Kentucky in November.

## ***Civic and Leadership Development***

### **Civic and Leadership Development**

Includes all presentations related to citizenship, community service programs, and leadership.



## ***Communication and Expressive Arts***

### **Communication & Media Arts**

Includes the “topic” of public speaking, American Sign Language and other forms of communication, all phases of photography, graphic arts, computer graphics, video and other current technologies used in communication media.

### **Leisure & Performing Arts**

Includes all aspects of leisure activities and recreation, including cycling, music, clowning, arts & crafts, cake decorating, floral arranging, wood working and metal crafts.

## ***Environmental Education***

### **Earth Sciences**

Includes the areas of energy, earth science, astronomy, waste management, and water quality/conservation.

### **Natural Resources**

Includes the areas of forestry, marine and aquatic science, wildlife ecology, and entomology (including Wings). Also includes the areas of shooting sports, archery and riflery, and sportfishing.

## ***Family and Consumer Sciences***

### **Child and Human Development**

Includes all presentations related to human growth, development, lifespan, personality and character development, and other interpersonal relations. These topics might include infant development, child development, baby sitting, nuclear families, self-esteem, step-families, family communication, parent-adolescent communication, single-parent families, teen parents, coping with crises, marriage in today’s world, adult children, and aging.

### **Consumer Education and Money Management**

Includes all presentations related to comparison shopping, sales approaches, advertising, consumer rights and responsibilities, labeling, credit, money management, banking, investment savings, and time management.

### **Clothing and Textiles**

Includes all presentations related to clothing design, selection, buying, care, construction, textiles, accessories, personal appearance, and grooming.

## ***Workforce Preparation and Career Development***

### **Workforce Preparation and Career Development**

Includes all presentations related to career exploration, preparing for a career, and entrepreneurship.



## ***Healthy Lifestyles***

### **Food Preparation**

Includes all presentations involving preparation of food for human consumption. Demonstrations should show the steps involved in preparation of the food including food handling and measurement techniques. In an effort to support current Dietary Guidelines, a focus on preparation of food items moderately low in fat, sodium, and sugar is recommended. Although safe food handling practices should be used in all demonstrations, presentations that emphasize food safety topics and issues should be entered in the Food Science and Safety Category.

### **Food Science, Safety, and Nutrition**

Includes all presentations related to food science, safety, and nutrition that do not involve food preparation. Suggested topics include nutrient needs, nutrition in the life cycle (e.g., for infants, teens, or the elderly), dietary guidelines, food guide pyramid, nutrition and fitness/sports, hunger and malnutrition, food labeling, cultural food patterns, vegetables, fruits, meat, poultry, fish, dairy foods, and other foods and nutrition topics. Also includes new technologies, food processing and food preservations, chemical food safety, food chemistry and food composition, safe food handling and microbiological food safety.

### **Health and Safety**

Includes all presentations related to general health education (i.e. coping with stress, first aid, substance abuse, self-help skills, physical fitness, dental care, healthy lifestyles, sex education, immunizations, and prevention of disease). Also includes all presentations dealing with accidental safety hazards including demonstrations in disaster preparedness or home environmental health (i.e. mold, radon or other hazards).

## ***Plant Sciences***

### **Plant Connections**

Includes all demonstrations related to production and marketing of fruits, vegetables, flowers, turf, ornamental, field crops, forage, landscaping, greenhouses, propagation, soils, hanging baskets, bulbs, citrus, and harvesting or processing crops, such as hay or silage. Artistic arrangement demonstrations may be given in the Leisure Arts/Recreation category.

## ***Science and Technology***

### **Mechanical, Electronic Science, Petroleum Power, and Small Engines**

Includes all presentations related to general engineering, bicycle maintenance and mechanical operations, automotive, electronics, aerospace/aviation, and computers. Also, all presentations related to use and conservation of petroleum-based fuels and the selection, care, and operation of small engines.

- **Regional/National: National 4-H Engineering, Science and Leadership Event**  
One youth in Electrical Energy, One youth in Computers, two youth in Rocketry, one Youth in Small Engines/Petroleum Power and one youth in Welding can participate at the National Event. There are no team competitions at the National Event in this category.



## **COMPETITIVE AND NON-COMPETITIVE STATE, REGIONAL, AND NATIONAL EDUCATIONAL PROGRAMS**

Non-competitive events usually refer to educational programs that are not competitive in nature (i.e. do not incorporate competitive activities during the event). However, in some cases, participation is limited and competitive selection procedures are employed to determine participants.

Also listed in this section are competitive events held at the State, and National levels. Many judging events are held on an area/open invitational basis. In order to encourage participation, each county will be responsible for choosing those events which will complement their educational program.

The events listed in this section are conducted annually through the State 4-H Office and/or through program specialist leadership. Specific objectives are described for each event. The events are evaluated annually and programming suggestions are received from county personnel, state event committees, specialists, or the Florida 4-H Council. The programming emphasis may change from year to year, but the primary objectives remain essentially the same.

### **ANIMAL SCIENCES**

#### **Animal Science Non-Competitive Programs**

##### **Horsemanship School**

Horsemanship Schools provide 4-H members an opportunity to learn the basic fundamentals of horsemanship. The week at camp allows in-depth study, which is otherwise not available or practical on a short-term basis. Participants are introduced to the following topics: Riding Skills, Horse Health, Nutrition, Equipment/Tack Care and Selection, Showmanship, Safety, Fitting and Grooming. One adult chaperone is required for every ten youth in attendance. Counties sending youth are responsible for sending chaperones and getting one nurse to volunteer for the week of camp in which they are participating. An agent will be required to be responsible for camp week.

**When:** Various Dates in June

**Where:** Camp Welaka, Welaka State Forest

##### **Participation Criteria:**

- 4-H Horsemanship School is open to any 4-H'ers who are at least 11 years of age by September 1 of the current program year and are enrolled through their County 4-H Extension Office. Members must be able to manage and care for horse and tack without assistance.

##### **Participation Procedures:**

- Registration requirements are outlined on the horsemanship school Web site provided to the counties prior to the event.

All horses should be properly immunized, preferably under the supervision of a veterinarian, before coming to school. Youth will be required to present a current negative Coggins Test upon arrival at camp. If you do not present a current negative Coggins Test, your horse will not be allowed to remain at camp.



## **Southern Regional 4-H Youth Dairy Retreat**

This series of workshops provides youth and adult participants an opportunity to develop a better understanding of the many components of the Dairy Industry. Participants receive hands-on training, enabling them to provide leadership to club and county programs.

**When:** 2nd week in July

**Where:** Rotates between five Southern States

### **Participation Criteria:**

- 4-H'ers must be between 8-18 years of age as of September 1 of the current program year.

### **Participation Procedures & Quota:**

- 4-H'ers must be officially registered for the program through a county 4-H program.
- One adult for every seven youth must also be registered.

## **National 4-H Dairy Conference**

The National 4-H Dairy Conference is an exciting four day educational program held in conjunction with World Dairy EXPO. The format for this national conference is a series of educational workshops, field trips and career explorations. Over 200 outstanding 4-H'ers in dairy projects from across the country attend.

**When:** Late September/Early October These conference dates correspond annually with World Dairy EXPO.

**Where:** Madison, Wisconsin

### **Participation Criteria:**

- Selection is based on outstanding 4-H Dairy members with a suggested minimum of three years completed in the 4-H dairy program (including current year).
- Must be at least 15 by September 1 of the current 4-H year.

### **Participation Procedures:**

- Interested youth are recommended to complete the Florida 4-H portfolio process in the Dairy project and submit a letter of interest explaining why they would like to participate in this program by June 1.
- Club leaders and county 4-H agents should also submit a letter of recommendation for interested youth to the dairy youth specialist by the established deadline.
- Participants may not attend the conference more than one time.

### **Award:**

Approximately 6 delegates are selected from county nominations and provided with financial support for their trip to the National 4-H Dairy Conference.



## **State 4-H Dog Training Show & Teaching Seminar**

We will provide useful information to exhibitors on topics such as: dog show grooming (for each breed), selecting the correct collar & lead for each show division (for each breed), and dressing for success for the show ring. This includes appropriate dress for the Showmanship Division- and acceptable casual dress for Obedience, Rally & Agility. Also provided is information on: getting organized/packing for a dog show, show ring terms explained, pet health information, vet care and maintenance.

**When:** Late October, Early November

**Where:** Location Varies

**Participation Criteria and Procedure:** Same Criteria and Procedures as the Florida 4-H Dog Show.

## **Animal Science Competitive Programs**

### **Dairy Goat Judging Contest**

This event provides 4-H'ers with an opportunity to demonstrate their knowledge and ability in the selection and evaluation of dairy goats.

**When:** February and March

**Where:** Florida State Fair, Tampa

State 4-H Dairy Goat Show, Central Florida Fair, Orlando

#### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

#### **Award:**

- The top 3 junior, intermediate, and senior individuals will receive rosettes. There is no national contest at the present time.

### **Dairy Poster Contest**

This contest encourages youth to learn more about milk, milk products, their importance to human health, the communication of these ideas to the public, and the meaning of the Real Seal program. Every 4-H'er is permitted to design a poster telling a story about milk and/or milk products.

#### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

#### **Guidelines:**

- Design a poster which tells a story about milk and/or milk products. Posters MUST incorporate the theme for the year. Poster must be of uniform size (14" X 22") containing the 4-H emblem somewhere on the face. Do not attach any material to posters that is more than .5" thick. Indicate name, address, grade in school, age, and county on the back of the poster by filling out and signing the Certification



Form and then attaching it to the back of the poster in the upper right hand corner. Dairy Farmers, Inc. selects a theme in March. Check the Florida 4-H Web site or contact Dr. Ron Schmidt to find out the current theme. Please make sure these guidelines are followed so that the poster will not be disqualified.

#### **Participation Procedures and Quotas:**

- County: Posters should be judged at the county level, and 3 winners should be selected (one junior level, one intermediate, and one senior level).
- State: In order to compete in statewide competition, the 3 winning county posters (one junior, one intermediate, and one senior level) are due by the printed deadline (consult Annual 4-H Calendar – Normally June 1).

#### **Awards:**

- County: Every participant at the county level will receive a certificate of participation. Junior, Intermediate and Senior county winners will each receive an award.
- State: The first, second, and third place individuals in each division will receive an award. The first place winner will also receive a savings bond.

All dairy posters are due to Dr. Ron Schmidt, University of Florida, Food Science & Human Nutrition Dept., Room 359 FSHN Bldg, Gainesville, FL 32611-0370 by the annual printed deadline. Consult Annual 4-H Calendar for deadline. Posters are judged by the end of July.

### **Dairy Judging Event**

This event provides 4-H'ers with an opportunity to demonstrate their knowledge and ability in the selection and evaluation of all breeds and ages of dairy cattle.

<b>When:</b>	Fairs held in February Tryouts held in May	<b>Where:</b>	South Florida Fair, Palm Beach, FL Florida State Fair, Tampa, FL State 4-H Dairy Show, Kissimmee, FL
--------------	---	---------------	--

#### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

#### **Participation Procedures and Quotas:**

- Participation at the State 4-H Dairy Show and the Florida State Fair is on a junior, intermediate, and senior individual level only.
- Judging at the fairs are practice contests designed to help youth prepare for the dairy judging tryouts held in May each year. The dairy judging tryouts in May are the qualifying event for selecting the State 4-H Dairy Judging Teams.

#### **Award:**

Those selected for the State 4-H Dairy Judging Team are awarded trips to various Regional and National 4-H Dairy Judging Contests.



## **Dairy Quiz Bowl**

Counties enter teams at the state level to enhance their knowledge of the dairy industry, agriculture, and biological sciences. Competition points are awarded for correctly answering questions about the dairy industry and closely-related fields.

**When:** State Contest: August  
Breed Tryouts: April

**Where:** Tampa, FL

### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old as of September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old as of September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old as of September 1 of the current program year.

### **Participation Procedures and Quotas:**

- An information CD with questions to be included in the Quiz Bowl are distributed through the Dairy Specialist's office to the counties.
- A county may enter teams or individuals.
- Teams of four youth based on age are created from the results of the dairy quiz bowl breed tryouts held in April each year.

### **Award:**

- Up to twelve youth will be invited to represent Florida at various National Competitions.

## **Florida State 4-H Youth Dog Show**

This program teaches youth a variety of dog handling methods. Handlers are judged on the preparation and presentation of their dogs (i.e. grooming, posing, gaiting, etc.).

**When:** 2 shows: Early February, and April

**Where:** Florida State Fair, Tampa

### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.
- Youth must be enrolled in either the 4-H Dog Care or Guide-Dog Puppy program for the current 4-H year and manage at least one dog of any age.

### **Participation Procedures and Criteria:**

- Extension Agents are advised that it is their responsibility to determine whether a member has an up-to-date Project Book and has satisfied the requirements to compete above county level.

### **Regulations:**

- Approval for the use of a substitute dog (due to extenuating circumstances) may be granted by the Extension Agent or the State Dog Show Chair.
- All dogs are required to have up-to-date tags and inoculations (D,H,C,P and Parvo).
- No female dogs in season will be allowed to take part in the competition.



- Purebred and mixed-breed dogs are welcome as entries.
- Dogs must be at least 6 months of age.
- Leasing will be permitted with the approval of the County 4-H Agent/Advisory committee. A certified lease must be completed prior to September 30 of the current 4-H year and on file at the County Extension Office for the dog to be eligible to participate in the State 4-H Dog Show.

**Awards:**

- Judging will be based on a modified Danish System. All exhibitors will receive a Blue, Red, or White Award. Rosettes & Premiums will be awarded for the 1st – 4th place in each class.
- High point junior, intermediate, and senior winners will receive \$50.00 and a Rosette.
- Hilliker Challenge Trophy will be awarded to the county which accumulates the most points at the State 4-H Dog Show. Each 4-H county represented at this show will be eligible to win the trophy.
- The 1st place winner of each Showmanship class will compete for the Best Junior Handler Award. This award has been established in honor and memory of Phyllis White for her many years of service & dedication to the Florida State Fair Dog Shows.
- 4-H Dog Champion Youth program - Achievement Premiums will be paid in addition to current animal premiums, and will reward exhibitors based on their participation in a wide variety of educational events. Points will be accumulated by each exhibitor throughout the program for each event they participate in and Achievement Premium monies will be rewarded proportionately.

**Florida State 4-H Youth Dog Quiz Bowl**

The 4-H Dog Quiz Bowl is a competition which tests 4-H member’s knowledge of dog related topics. Questions will be selected from topics such as Florida 4-H Dog Show rules, breeds of dogs, dog conformation and canine health. Counties enter teams at the state level to enhance their knowledge of the animal sciences. Competition points are awarded for correctly answering questions about the 4-H Dog Show rules, breeds of dogs, dog conformation and canine health.

**When:** Date of State Competition will be announced each year. **Where:** Location will be announced each year.

**Participation Criteria:**

- Junior 4-H’ers must be 8-10 years old as of September 1 of the current program year.
- Intermediate 4-H’ers must be 11-13 years old as of September 1 of the current program year.
- Senior 4-H’ers must be 14-18 years old as of September 1 of the current program year.

**Participation Procedures:**

- An information booklet containing questions for the Quiz Bowl is distributed to the county offices. More information on Dog Quiz Bowl rules & study materials will be available each year on the Florida 4-H Dog Project web site: [www.FL-4-H-DOG.com](http://www.FL-4-H-DOG.com).



## **Horse Bowl**

The Horse Bowl is a team competition in which individual members demonstrate their knowledge by answering a series of questions about the horse industry, agriculture, and biological sciences.

**When:** June/July

**Where:** UF Animal Sciences Building, Gainesville

### **Participation Criteria:**

- 4-H members who are at least 14 years of age by September 1 of the current program year.

### **General Regulations:**

- Information is provided online at the Animal Science Department Web site.
- Each of the teams entered in the State contest are required to submit a specified number of questions by the designated date. Further information relative to this requirement is included with the State 4-H Horse Bowl information sent to the counties.

### **Participation Procedures and Quotas:**

- State: A county may enter only one team (4 or 5 members) in the State 4-H Horse Bowl Contest.

### **Awards:**

- Members of the first, second, and third place teams will receive awards.
- The top two teams are eligible to participate in the Southern Regional 4-H Horse Championships (location rotates between several states).
- The winning team at the State Competition will be eligible to represent Florida at the Eastern National 4-H Horse Roundup in Louisville, Kentucky in November. This team will receive \$250 traveling money from the Florida 4-H Horse Program.

## **Horse Public Speaking Contest**

This is an individual competition within the 4-H Horse Program designed to give 4-H'ers experience in the preparation and delivery of a speech related to the horse industry.

**When:** June/July

**Where:** UF Animal Sciences Building, Gainesville

### **Participation Criteria:**

- Junior 4-H members must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H members must be 14-18 years old by September 1 of the current program year.

### **General Regulations:**

- Speech must be original and specifically related to the horse industry in a demonstrable way.
- Speech must have been specifically prepared for, and part of, the 4-H Horse Public Speaking program.
- All requirements must be met as set forth in the general regulations for participation in the Florida 4-H Public Speaking Project.
- Speeches given by Senior 4-H'ers should be no less than 8 and no more than 10 minutes in length. This requirement differs from General Public Speaking. Speeches by junior and intermediate 4-H'ers



should be no less than 3 and no more than 7 minutes in length. Contestants not meeting the time requirement will be subject to penalization as outlined on the score sheets.

- Previous state-level first place 4-H public speaking contest winners in any division are not eligible to compete in this event.
- 4-H members should refer to the 4-H Public Speaking Guide for helpful suggestions in preparing their speeches.

#### **Participation Procedures:**

- The top senior selected at county level competition is eligible to participate in the State Event.
- The top junior and intermediate selected at county level competition may participate in the District Event.

#### **Special Requirements for State Competition:**

- 4-H'er must have competed at the county level.
- Three type-written, double spaced copies of each speech including: topic, name, age, date, county, and district on the front must be submitted by the published deadline (typically June 1, see State 4-H Events Calendar) to Dr. Ed Johnson, PO Box 110910, Gainesville, FL 32611-0910. All counties must submit their entries for the state contest to their district event chairperson.
- Eligible participants are to be submitted for the state contest by using the County to State Form B. Additional registration materials will be available at the Animal Science Web site.

#### **Awards:**

- Blue, red and white awards will be given. The first, second, and third place participants will receive an award.
- The first and second place contestants at the state level will also be eligible to compete in the Southern Regional 4-H Horse Championships and Eastern National 4-H Horse Roundup.
- The first place winner is eligible to participate in the Eastern National 4-H Horse Roundup and will receive \$150 travel money from the Florida 4-H Horse Program.

#### **A Note About Horse Events**

- Counties unable to fill a team may work through the agents to merge with another county to form a team.
- Eastern National 4-H Horse Roundup allows participation in only one event per individual, per year, and individuals cannot participate in the same event more than once.
- Any senior member who has already earned a trip to the national event will be ineligible for subsequent national qualifying events during the calendar year.

## **Hippology Contest**

This event provides 4-H'ers with an opportunity to blend their knowledge and experience in horse judging, horse bowl, demonstrations, public speaking, and showing into one activity. The contest consists of a written exam, judging halter and performance classes, feedstuff identification, team problems, and visual identification of equipment.



**When:** March

**Where:** Orange County Agriculture Center, Orlando, FL

**Participation Criteria:**

- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

**Participation Procedures and Quotas:**

- Any Florida 4-H Member is eligible to participate in the 4-H Hippology Contest, and horse ownership is not required.
- Each county is eligible to enter any number of senior teams (consisting of 4 members) and up to two intermediate teams in the contest. If the total number of youth exceeds contest capacity in either division, counties with excessive entries may be limited.
- All ties will be broken using the following sequence: written examination scores, scores at stations, reasons scores, and judging placing scores.

**Awards:**

- Awards will be given to the top three individuals and teams in each division.
- The top two teams are eligible to participate in the Southern Regional 4-H Horse Championships (location rotates between several states).
- The winning senior team will be given the opportunity to represent Florida at the Eastern National 4-H Roundup Hippology contest in Louisville, KY. The team will receive \$500 travel money from the Florida 4-H Horse Program.

## **Horse Judging Event**

This event provides 4-H'ers with the opportunity to demonstrate their knowledge and ability in the selection and evaluation of different breeds and types of horses.

**When:** April

**Where:** UF Horse Teaching Unit, Gainesville

**Participation Criteria:**

- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

**Participation Procedures and Quotas:**

- Two four member teams from each county may participate.

**Awards:**

- Trophies and ribbons are presented to top teams and individuals in several divisions.
- The top two teams are eligible to participate in the Southern Regional 4-H Horse Championships (location rotates between several states).
- The winning senior team will be given the opportunity to represent Florida at the Eastern National 4-H Roundup Hippology contest in Louisville, KY. The team will receive \$500 travel money from the Florida 4-H Horse Program.



## **Hog-n-Ham Program**

Youth participating in this program will gain knowledge about pork production, processing, and utilization through hands-on experiences, which include selection, feeding and management, record keeping, slaughtering, processing, and curing. 4-H'ers get to share their knowledge and develop oral communication skills through conducting a demonstration or illustrated talk. Youth purchase hogs and feed them for three months and then harvest them in Gainesville. After harvesting and processing the meat, participants explore a retail project, complete a record book, and give a project demonstration.

**When:** Spring/Summer

**Where:** University of Florida Campus, Animal Science Building

### **Participation Criteria:**

- 4 H members must have reached 12 years of age by September 1 of the current program year. Agents should evaluate the maturity level of 4-H members and use discretion in approving enrollment.
- Participation procedures will be sent to counties by the Animal Science Department in December.
- Participants must attend the workshop in January (see event calendar) as a pre-requisite.

### **Participation Procedures and Quotas:**

- Participation is limited to a maximum of 30 members, and the number of participants each county is able to send depends on the number of counties enrolling in the program each year.

### **Awards:**

- All participants receive blue, red and white ribbons based on scores accumulated. Additional awards will be given to the top placing participants.

## **Livestock Judging Event**

This team event enables youth to develop decision-making, evaluating, and communication skills for the appropriate selection of the livestock species: beef cattle, swine, and sheep.

**When:** April

**Where:** UF Horse Teaching Unit, Gainesville

### **Participation Criteria**

- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

### **Participation Procedures and Quotas:**

- Two senior level teams (consisting of 4 members) per county.

### **Awards:**

- Trophies and ribbons will be awarded to teams and individuals with the highest point totals in several divisions.
- The first place senior team is awarded a partial scholarship to the National Livestock Judging Contest in Louisville, Kentucky in November, and the second place team is eligible to represent Florida at the Western Nationals in Denver, Colorado.



## **Meats Judging and Identification**

4-H'ers will acquire knowledge and skills in meat identification and grading techniques and then apply those basic skills to the selection process. Participants develop an understanding and appreciation of the basic scientific principles involved in eating and cooking quality, nutritional value, and consumer appeal of meat. 4-H'ers will also learn to be more effective decision-makers.

**When:** April

**Where:** UF Animal Sciences Building, Gainesville

### **Participation Criteria:**

- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.

### **Participation Procedures and Quotas:**

- State: Each county may enter one senior and one intermediate team consisting of 4 members each.

### **Awards:**

- Trophies and ribbons will be awarded to teams and individuals with the highest point totals in several divisions.
- The first place senior team is awarded a partial scholarship to the National Livestock Judging Contest in Louisville, Kentucky in November, and the second place team is eligible to represent Florida at the Western Nationals in Denver, Colorado

## **Poultry Judging Event**

This event provides 4-H'ers with an opportunity to evaluate egg quality, ready-to-cook carcasses, parts identification, and past production. Junior/Intermediate and Senior individuals may also compete against other team members.

**When:** June

**Where:** University of Florida, Gainesville

### **Participation Criteria:**

- Junior/ Intermediate 4-H'ers must be 8-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

### **Participation Procedures and Quotas:**

- One senior level team (consisting of 3-4 members) per county.
- Counties may send any number of junior/intermediate level teams.
- Junior/intermediate and senior individuals not entered as team members may compete against other team members for Individual Awards. There is no Individual Division.

### **Awards:**

- Trophies will be awarded and the winning senior team will receive partial funding for a trip to the National Poultry Judging Contest at the National Poultry and Egg Conference in Louisville, Kentucky in November. There are currently no national scholarships for this trip. The highest place senior contestant who is not on a team will be eligible to participate in the National Poultry Judging Contest as an individual. The Florida Poultry Federation provided the major funding for the State Poultry Judging Event.



## **Miscellaneous Poultry Events**

Special procedures apply to miscellaneous events which are either 1) defined as “new” or 2) have less than 5 counties involved (no state contests exist).

**Contact Person:** State 4-H Events Coordinator

### **Available Events**

- State and National 4-H Chicken Barbecue Demonstration Contest
- State and National 4-H Turkey Barbecue Demonstration Contest
- State and National Avian Bowl Contest Quiz Bowl Event
- State and National Egg Preparation Demonstration Contest

### **Procedures:**

- A pilot program where only one county is involved will be the state representative to the national event by default.
- Existing program areas that have receded to just one county being involved will be the state representative to the national event by default.
- In situations where more than one county is involved, interested counties should meet with state contact person and agree upon the method of selection using the following options:

### **Options:**

- Participating counties should agree upon site and event at which selection of the state representative will be determined.
- The event site should rotate among counties involved and the location will be noted on the State 4-H Web site calendar.
- The honor of being state representative can rotate from year to year between the involved counties without a state event.

**EXAMPLE:** Three counties in close proximity are interested in a particular national event. They meet and decide to have the selection contest for the national event rotate between them each year.

**EXAMPLE:** Only two counties from opposite ends of the state are interested in a particular national event. After travel cost and time are taken into consideration, they decide to rotate participation in the national event each year without holding a state event. When a third county or more join, the rotation continues until an alternate procedure is agreed upon.

### **Funds:**

- County selected as state representative to national events will be responsible for securing funds to cover travel costs and for taking care of all travel arrangements. The cost of hosting an invitational competitive event is the responsibility of the counties involved.



## Civic and Leadership Development Non-Competitive Programs

### **Executive Board Weekend**

Executive Board Weekend consists of three weekends, fall, winter and spring. These weekends are designed to provide leadership opportunities and training to senior 4-H'ers from across the state. The fall and winter weekends are closed to Executive Board Members for committee planning. State officers work in partnership with adults to organize these weekends, leading activities and workshops. The 3<sup>rd</sup> Executive Board Weekend is open to all senior 4-H'ers.

**When:** September, December and March    **Where:** Camp Ocala 4-H Center in September and December  
March location varies

#### **Participation Criteria:**

- Open to youth ages 14-18 by September 1 of the current program year.

#### **Participation Procedures and Quotas:**

- Participation is limited. Registration operates on a first-come, first-serve basis. Spots are reserved for Executive Board Committee members.

### **Leadership Adventure Weekend (LAW) and Intermediate State**

Leadership Adventure Weekend (LAW) and Intermediate State is designed to provide leadership training for intermediate 4-H'ers (age 11 – 13) and seniors 4-H'ers (age 14-18) from across the state. For intermediates the weekend is designed to prepare them for future leadership roles at a county, district, and state level and focus on career exploration topics. Senior 4-H youth (age 14-18), in partnership with 4-H adult volunteers, agents, and state leaders, organize this weekend leading activities and workshops. Senior LAW prepares teens to facilitate programs for juniors and intermediates working in their county and district. The goal is to train seniors in activities that they can do at a Jr District Congress and other county and district events.

**Intermediate State - When:** 1st weekend in February    **Where:** various locations

**Senior LAW – When:** 3<sup>rd</sup> weekend in January    **Where:** various locations

#### **Participation Criteria:**

- Intermediate State is open to intermediate 4-H'ers between the ages of 11-13 by September 1 of the current program year.
- Senior LAW is open to senior 4-H'ers between the ages of 14-18 by September 1 of the current program year.

#### **Participation Procedures and Quotas:**

- Participation is limited. Registration operates on a first-come, first-served basis.



## **Florida 4-H Congress**

Held on the University of Florida campus during the summer, this event allows 4-H members to have fun and learn alongside other 4-H'ers from Florida. Congress is divided into competitive and non-competitive sessions. The non-competitive portion is devoted to educational workshops on a variety of subjects addressing the interests of Florida's youth. The competitive portion of the event is where blue qualifying senior district winners compete against other district participants in a variety of events. In addition, each county sends their two voting delegates to attend the State 4-H Council Meetings. Interviews for state recognition and scholarship applicants are conducted during this event.

**When:** Late July

**Where:** University of Florida, Gainesville

### **Participation Criteria:**

- 14 years old prior to September 1 of the current 4-H year.
- Completed one year of 4-H work, including current year.
- Meet any other regulations pertaining to specific event or activity entered (e.g. Events which go beyond state level require specific ages for each of these events). See Event Summary Table in Appendix.

**County Participation:** Each county will be encouraged to support the following participants to attend:

- Participants in the Educational/Leadership tracks.
- Two delegates to Florida 4-H Council.
- Delegates selected to participate in the State 4-H Awards and Recognition or Scholarship Interviews.
- Participating delegates who have qualified for competition in state level events and activities.

## **Florida 4-H Legislature**

The Florida 4-H Legislature is a five-day learning laboratory in state government. Young people serve as the Florida 4-H Governor and Lt. Governor; senators and representatives; lobbyists; pages; legislative aides; and news media staff. Participants research and debate 60 pieces of 4-H legislation that Florida youth have submitted during the year. They learn: the functions of state government; parliamentary procedure; public speaking; debate; problem-solving; networking skills; and the formal structure of policy-making. Participants meet in the Capitol committee rooms; debate in the House and Senate Chambers; have press conferences; and tour the Supreme Court. Adults learn beside teen participants and serve as advisors.

**When:** Late June

**Where:** Tallahassee, Florida, State Capitol Building facilities

### **Participation Criteria:**

4-H Delegates to the Florida 4-H Legislature are to:

- be 14 years old by September 1 of current program year.
- completed one year of 4-H work, including current year.
- be interested in learning more about state government and being a public policy maker.
- be capable of self-discipline to prepare, make decisions and participate with limited supervision.
- be positive citizens who can apply good judgment and leadership skills during event.

### **Participation Procedures and Quotas:**

- Participation caps may be set from year to year based upon event logistics.
- County may establish additional participation requirements. Check with your local County Extension Office for registration procedures and county deadlines



## **Citizenship Washington Focus**

The Citizenship Washington Focus (CWF) Program is an exciting educational week for senior 4-H'ers in our nation's Capitol, exploring how their individual actions can make a difference in our world. Conducted in Washington, D.C., CWF uses our nation's capitol as a classroom in which to foster youth appreciation, understanding, and involvement in civic responsibility, government operations, and current issues.

**When:** June or July

**Where:** National 4-H Center, Chevy Chase, MD

### **Participation Criteria:**

- 4-H members must be at least 14 years old as of September 1 of the current program year.

### **Participation Procedures and Quotas:**

- Open enrollment, although space is limited. Registration operates on a first-come, first-served basis. No state scholarships are provided for this event.

## **National 4-H Congress**

National 4-H Congress is a four-day event which provides youth a high quality, relevant, educational experience, interacting with youth across the nation. Recreational, social, and cultural activities are exciting components of this program. Youth representing each state are recognized for the contributions they currently make in their communities.

**When:** Late November/Early December

**Where:** Atlanta, Georgia

### **Participation Criteria:**

- 14 years of age as of September 1 of the current program year.

### **Participation Procedures and Selection Process:**

- Youth must complete Florida 4-H Recognition Portfolio which includes a Florida 4-H Awards Application (4-H Publication 4HGCR31), a 1-2 page 4-H resume and a two page narrative using the guidelines presented in Marketing You! (4-H Publication 4HGCR30). Applications are submitted from counties to the state each year by the published deadline: June 1.
- A statewide screening committee reviews and critiques all portfolios and selects up to 50 youth for interviews during Florida 4-H Congress.
- Final participants for National 4-H Congress are selected during state interviews at 4-H Congress. Interviewee MUST be present for interviews in order to be considered.

### **Participation Categories:**

- Portfolios will be evaluated in categories consistent with the Florida 4-H project areas. Refer to the Portfolio materials for a description of the current categories.
- Youth may select one category for entry.
- Youth may only attend National 4-H Congress one time.

### **Award:**

- A proportional number of participants are selected for partially funded trips to National 4-H Congress. Youth in attendance will be responsible for a portion of the trip costs.



## **National 4-H Conference**

National 4-H Conference involves youth, volunteers, and professional staff in National 4-H program development. Delegates are to contribute constructive ideas on how to improve 4-H and strengthen 4-H public awareness efforts and reporting to the public. Recommendations are shared with the USDA.

**When:** Late March or early April      **Where:** National 4-H Conference Center, Chevy Chase, MD

### **Participation Criteria:**

- 4-H'ers must be 14 years old as of September 1 of the current 4-H year of application.
- The young people chosen for this opportunity should be able to express their ideas effectively in a small group setting.

### **Participation Procedures and Quota:**

- Each County may submit two applications. The applications, including resumes and narratives, are submitted by the county to the State 4-H Office by 4:30 pm on June 1.
- A review committee will select the top 15 applicants to be interviewed by a selection committee during Florida 4-H Congress.
- Those youth must be present for their scheduled interview at State Congress to be eligible.

### **Awards:**

- Approximately four 4-H members selected by a review committee at Florida 4-H Congress attend National Conference.

## **Southern Region Volunteer Leaders Forum (SRVLF)**

Join many Florida 4-H volunteers at this 13 state learning conference in a beautiful, Georgia camp setting. Participants choose from over 100 educational workshops to obtain ideas and resources for positive youth development in Florida. Enjoy motivational speakers, entertainment, and meeting new friends. Early in the calendar year, Florida volunteers and Extension staff are invited to submit a proposal to teach a workshop.

**When:** First full weekend in October      **Where:** Rock Eagle 4-H Center near Eatonton, GA  
(location may vary depending on host state)

### **Participation Criteria:**

- Any Florida adult working with an Extension Youth Development program is invited to attend.

### **Participation Procedures and Quotas:**

- No quotas.
- Partial scholarships may be available for volunteers focusing on healthy lifestyles training.



## Communication Arts and Sciences Competitive Programs

### Photo Contest

This contest provides a showcase for 4-H member's photographic accomplishments. The winning photographs are displayed for public view with the intent of increasing public awareness and understanding of the 4-H program.

#### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

#### **Guidelines:**

- A 4-H'er may submit one entry in the Photo Contest:
- Only prints may be submitted for the exhibit. All entries to be judged at the state competition must have the negative(s) attached. (see "Preparation of Negative").
- Digital photos should be entered in ONLY division 2. All Division 2 entries should include a print and an electronic jpeg file of the image, formatted for a PC and placed on a CD, or DVD. Division 2 entries must fill out a statement on the certification form about electronic manipulation of the image. Participant must include all steps used to change photo.
- Film cartridge such as Advantix photos should securely attach a copy of the index print and the film cartridge sufficing for the negative (NOTE: The number on the index print should match the number on the film cartridge). These should be entered in Division 1, Class A or B.
- Youth's name, age, county, division & class numbers must be clearly printed on the back of ALL submitted materials (photos, negatives, CDs, Disks, etc.)
- Photo entries may be either black/white or color when processed from negatives, a digital camera or slides.
- Pictures should depict activities typical of those in which 4-H members and their friends would likely participate. Picture with inappropriate content will be disqualified.
- All photo prints (single and series) must be mounted on a mat or foam core. No other mounted material (i.e. glass, wood, plastic, metal, etc.) will be considered. **DO NOT SEND PHOTOS IN A GLASS OR PLEXIGLASS FRAME**
- Maximum size for a single photo is 8" X 10", not including mounting; 12" X 14" with mounting. Maximum size for the mounted series is 16" x 20".
- Fill out and securely attach the Florida 4-H Photography Exhibit Certification Statement form (see Florida 4-H Web site) to the back of the photo mount. Refrain from writing on the photo.

#### **Automatic Disqualification**

- Negatives not securely attached.
- Digital photos without proper prints and disks securely attached.
- Creative digital images (Division 2, Class C & D) without a statement about the electronic manipulation of the image.



- Film cartridge photos without index prints and film cartridges securely attached.
- Inappropriate size and/or mounted material.
- Incomplete or illegible certification statements and/or not securely attached and visible without unfolding or removing from envelopes.
- Name, age, county, division & class numbers not clearly printed on the backs of all submitted materials.

## **Divisions**

### Division 1 – Print

Class A: Color or Black and White Print - Single Print

Class B: Color or Black and White Print - Series (up to 10 photos per series)

### Division 2 – Digital

Class A: Digital Photo - Single Image

Class B: Digital Photo - Series of Images (up to 10 images per series)

Class C: Creative Digital Photo - Single image

Class D: Creative Digital Photo - Series of images (up to 10 photos per series)

## **Participation Procedures and Quotas:**

- District: Each County may exhibit up to three entries per class at district events.
- State: The top three exhibits in each age group for each class in your county must be submitted to the State 4-H Office no later than 4:30 pm on June 1 of the current program year to be eligible for judging and exhibition at Florida 4-H Congress. Previous year's entry may not be resubmitted to the state contest. Previous 1<sup>st</sup> place Senior winners are not eligible to participate in the same class that they won, in a previous year.

## **Scoring:**

- Junior, intermediate and senior entries will be judged separately. Three top entries will be selected for each class. Three division winners will be selected from among the winning class entries in each division. All decisions by the judges are final.

## **Awards:**

- The top three scoring exhibits in each senior division will receive an award. All junior and intermediate class and division winners and all senior class winners will receive certificates. The top three senior division entries and top class entries will be displayed at Florida 4-H Congress.
- Each photo exhibit at the district level will receive a participation certificate.

## **Poster Art Contest**

The Poster Art Program gives 4-H members an opportunity to use the visual medium of poster art to promote public understanding and support of the 4-H program. Program goals encourage 4-H Club members to develop an awareness of visual imagery and its power to express thoughts and ideas. The theme for 2008 through 2010 is "Florida 4-H Centennial Celebration."

## **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.



**Guidelines:**

- All posters must be designed on or affixed to poster board whose dimensions are no larger than 14" X 22".
- Posters may be horizontal or vertical.
- Posters submitted may be produced using any medium (i.e. watercolor, ink, crayon, acrylic, charcoal, oils, collage) providing that they are not three-dimensional.
- Posters incorporating copyrighted material (i.e. Snoopy, Garfield, company logos like Disney, etc.) will be disqualified, unless proof of permission is furnished.
- Posters using computer assistance to create components of the poster or the poster itself should affix a statement of one paragraph explaining how the computer assistance affected the poster's composition and visual presentation.
- The 4-H Poster Contest Certification Statement Form must be signed by the contestant and securely attached to the back of the poster board in the upper right hand corner.
- Youth's name, age and county must be clearly printed on the back of ALL submitted materials.

**Automatic Disqualification**

- Inappropriate size and/or mounted material.
- Incomplete or illegible certification statements and/or not securely attached and visible without unfolding or removing from envelopes.
- Name, age, and county not clearly printed on the back.
- Use of copyrighted materials, without written permission.
- Three-dimensional posters.
- Inappropriate use of the 4-H Emblem. Check 4-H Web site for guidelines.
- Use of computer-generated components without a statement regarding this affect.
- Posters containing inappropriate content.

**Participation Procedures:**

- Counties may submit no more than one poster design by any individual 4-H member.
- District: Each county may exhibit up to three posters at district events. Since some counties may not have concluded their poster event and selected county winners, these posters may or may not be county-winning posters. Posters may be designed by either junior, intermediate or senior 4-H members.
- State: The top three posters from each county must be submitted to the State 4-H Office no later than June 1 of the current program year to be eligible for judging and exhibition at Florida 4-H Congress.
- First place Senior winners are not eligible to participate in the poster contest in following years.

**Awards:**

- The top three junior and intermediate individuals will receive certificates and top three senior individuals at the state 4-H Poster competition will receive trophies. Senior winners will be displayed at Florida 4-H Congress.
- Each 4-H'er who takes part in district-level competition will receive a participation certificate.

You are responsible for updates and changes posted on the Florida 4-H web site.



## **Public Speaking Contest – General**

This program is designed to give 4-H'ers experience in the preparation and delivery of a 4-H related speech. This contest requires 4-H'ers to recognize, organize, and present information on a given topic. The timed speech must be orderly and thorough. 4-H'ers must acquire the ability to speak convincingly in public, expressing ideas effectively with poise and confidence.

### **Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

### **General Regulations:**

- Speech must be original and specifically related to 4-H in a demonstrable way. The entire speech does not necessarily have to feature 4-H, but every contestant must, at some point in his/her speech, mention 4-H and its relationship to the material being presented. Contestants who break this rule will be subject to penalization by the judges.
- Speech must have been specifically prepared for, as part of, the 4-H Public Speaking Project.
- All requirements set forth in the general regulations for participation in the Florida 4-H Congress must be satisfied for senior participants at the state level.
- Participants must be currently enrolled in the 4-H Public Speaking Project.
- Speeches by senior 4-H'ers should be no less than 5 and no more than 7 minutes in length.
- Speeches by junior and intermediate 4-H'ers should be no less than 3 and no more than 7 minutes in length.
- Contestants whose speeches ignore the outlined time specifications and reference to 4-H will be subject to penalization as outlined on the score sheet.
- Previous first place 4-H Public Speaking Contest winners at state competition are not eligible to compete in this event.
- 4-H members should refer to the 4-H Public Speaking Project Guide and Record Book for helpful suggestions in preparing their speeches.
- Participants may refine their speeches between district and state competition, but the content should not change dramatically.

### **Participation Procedures and Quotas:**

#### **County Requirements:**

- The top two winners in each age division (senior, intermediate & junior) at the county level may participate at the district level event.

#### **District Requirements:**

- Three type written, double spaced copies of each speech; including topic, name, age, date, and county on the front must be submitted to the District Chairperson at least one week prior to the event.
- The District Chairperson is responsible for delivering speech copies to the appropriate agent/leader in charge of the event who will then send them on to the judges for reading prior to event.

#### **State Requirements:**

- The top two senior district winners who won blue ribbons are eligible to compete at the state level.
- Entries must have competed at the county and district levels.



- Three type-written, double-spaced copies of each speech; including topic, name, age, date, county, and district on the front; must be submitted to State 4-H Events Office, University of Florida, P.O. BOX 110225, Gainesville, FL 32611-0225, no later than the deadline printed on the Annual 4-H Calendar (typically June 1). Speeches received after the deadline will be ineligible.
- It is the responsibility of the District winner's 4-H agent to send three copies of the speech to the State 4-H Events Office prior to the deadline.

**Awards:**

- Blue, Red and White awards will be awarded based on quality of performance. First, second, and third place will be awarded to the highest scoring individuals.

Three type-written, double-spaced copies of each speech; including topic, name, age, date, county, and district on the front; must be submitted to the State 4-H Events Office, University of Florida, P.O. Box 110225, Gainesville, FL 32611-0225, no later than the deadline printed on the Annual 4-H Calendar (typically June 1). Speeches received after the deadline will be ineligible. It is the responsibility of the District winner's 4-H agent to send 3 copies of the speech to the State 4-H Events Office prior to the deadline.

**Share the Fun Program**

The 4-H Share the Fun Program is designed to help 4-H'ers discover their talents, develop them, and have opportunities to share those gifts with others. It is part of the 4-H Recreation Program and is conducted at County, District, and State levels. The objective of the Share-the-Fun Program is to enhance the following areas: appreciation of talent, leadership, confidence, interest in special training, and the ability to discover opportunities for wholesome recreation.

**Participation Criteria:**

- Junior 4-H'ers must be 8-10 years old by September 1 of the current program year.
- Intermediate 4-H'ers must be 11-13 years old by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years old by September 1 of the current program year.

**Participation Procedures and Quotas:**

**County:**

- Each county determines eligibility based on current enrollment and participation standards. It is suggested that separate junior, intermediate and senior programs be conducted.

**District:**

- Each county may submit two acts for senior competition, two acts for intermediate competition and two acts for junior competition. Junior and intermediate winners may be selected using the Share-the-Fun score card, however, there are no provisions for junior or intermediate participation beyond the district level. Participants may refine their routine from district to state as long as it does not change the act dramatically.

**State:**

- One senior act per district will be eligible to participate in the state Share-the-Fun competition show. Individual 4-H'ers can participate in one demonstration, public speaking OR share-the-fun event, and one judging/misc. event during Florida 4-H Congress, schedule permitting.



**Act Classification:**

- Instrumental: Musical instruments of all descriptions.
- Vocal: Singing numbers.
- Dance: All dance, baton, and acrobatic routines.
- Dramatic and Novelty: Skits, stunts, pantomimes, monologues, puppetry, ventriloquism, impersonations, etc.
- General: Acts which include two or more of the above classifications.

**Act Size and Length:**

- Acts may be presented by an individual or a group.
- Group acts should be limited to a maximum of five participants.
- Entertainment groups with more than five members are discouraged because of the difficulty in facilitating a group that size. However, this does not rule out participation by such a group if their talent is of exceptional quality and they meet all other requirements. Such an act must be cleared through the State 4-H Office prior to District Events (contact Associate Dean for 4-H Programs). Acts with more than five participants who are not cleared through the State 4-H Office in advance will not be allowed to perform at Florida 4-H Congress.
- The time for each act can range from 3-5 minutes. Participants will have a one minute warning and then the act will be called at 5 minutes.

**District Competition:**

- A panel of three judges is suggested for district contest so that a majority can rule over disputes.
- Music instructors, drama coaches, English teachers, band directors, and dance teachers all make excellent judges. Other professionals with qualifying backgrounds are also suggested.

**State Competition:**

- This is a competitive event and will be judged at Florida 4-H Congress.
- Participants will be required to attend a rehearsal.
- The University of Florida bans live animals (i.e. mammals, amphibians, reptiles, etc.) from UF facilities where the State 4-H Share the Fun Competition is held, with the exception of seeing-eye dogs. Therefore, it is essential that the State 4-H Office be contacted prior to Florida 4-H Congress regarding whether an act involving an animal or reptile will be allowed in the competition.
- An acoustic piano and basic sound equipment will be supplied. All other props, instruments, amps, equipment, or other items necessary for the performance are the responsibility of the participant. The sound crew will have the ability to play standard format, store bought music CD's. Homemade music CD's are often useable, but should be considered at your own risk. DVD, MP3, or other computer sound file formats ARE NOT supported.
- The State 4-H Events Office will not be responsible for the acquisition of gymnastic equipment such as parallel bars, balance beams, floor mats, etc. to be used by participants in the show.
- Awards: The first, second, and third place individuals will be recognized.



## Environmental Education Non-Competitive Programs

### Florida 4-H Residential Summer Camps

Summer 4-H County camps are five days in length (Monday through Friday) and include: environmental education, recreational activities such as canoeing, swimming, team building and archery, various other activities include outdoor adventures, arts and crafts, healthy lifestyles, campfires, and more. Contact your local county 4-H agent for specific dates and information.

**When:** June and July

**Where:** 4-H Camp Timpooshee, 4-H Camp Cherry Lake,  
4-H Camp Ocala and 4-H Camp Cloverleaf

#### **Participation Criteria:**

- Camps are designed for junior and intermediate members (ages 8-13). Senior members (ages 14-18) may be selected to serve as cabin counselors following training.
- Counties may have additional participation criteria.
- Specific age requirements may apply to specialty and other open residential camps.

#### **Participation Procedures and Quotas:**

- Check with your local County Extension Office for registration procedures and deadlines.
- Check the 4-H web site for listings of specialty camps offered each year.

### Florida 4-H Marine Camp

This five-day program will allow participants to experience Florida's marine environments first-hand through exploratory activities such as canoeing, snorkeling, hiking, and fishing. Additional activities including marine lab investigations, field trips to area sites, and recreational activities that focus on developing an environmental awareness about local marine ecosystems.

**When:** Various dates in June and July

**Where:** Camp Timpooshee

#### **Participation Criteria:**

- Specific age requirements are listed in registration information but camp requires that youth be between 8-13 years of age as of September 1 of the current 4-H program year. Youth ages 14-15 may apply to be Counselors In Training (CITs) while youth 16-18 may apply to be Counselors following the training programs offered earlier in the year.
- Previous 4-H membership is not required.
- Open to volunteer leaders, professional staff, and teachers who have an interest in the 4-H educational program.

#### **Participation Procedures:**

- There is no quota from each county, but participation is limited and will be determined on a first come, first served basis.
- Scholarships may be available. Consult registration information for details.
- Camp information should be available on the 4-H web site.



## **Florida 4-H Sportfishing and Shooting Sports Camp**

This five-day residential program is devoted to the skills and safety of the 4-H shooting sports and sports fishing programs. Tracks will vary from year to year but may include casting, tackle crafting, tracking, outdoor cooking, the use of air rifles, shotguns, and archery. Additional activities in natural resources, knots, and aquatic ecology may also be presented. Traditional camp activities such as swimming, canoeing, recreational games, campfires, and more will also take place.

**When:** Various dates in June and July

**Where:** Any 4-H Camp

### **Participation Criteria:**

- Specific age requirements are listed in registration information but camp requires that youth be between 10-14 years of age as of September 1 of the current 4-H program year. Youth ages 15-18 years old may apply to be counselors for these weeks following the training programs offered earlier in the year.
- Open to volunteer leaders, professional staff, and teachers who have an interest in the 4-H educational program.

### **Participation Procedures:**

- There is no quota from each county, but participation is limited and will be determined on a first come, first served basis.
- Scholarships may be available. Consult registration information for details.
- Camp information should be available on the 4-H web site.

**Special note to volunteers:** Volunteers requiring recertification in a shooting sports discipline may be able to use camp instruction time to recertify. Contact a State Shooting Sports Committee member for details and approval.

## **Environmental Education Competitive Programs**

### **4-H Beekeeping Essay Contest**

4-H club members write an essay about a selected topic relating to the beekeeping industry. Entries are judged on accuracy, creativity, conciseness, logical development of the topic, and scope of research.

**When:** February

**Where:** Entries must be mailed to 4-H Essay Contest; c/o UF HBREL  
Bldg. 970, Natural Area Dr.; P.O. Box 110620; Gainesville, FL 32611-0620

### **Participation Criteria:**

- Active 4-H Club members who are between the ages of 8-18 by September 1 of the current program year.
- 4-H'ers who have previously placed first, second, or third at the national level are not eligible. Other state winners are eligible to re-enter.

### **Guidelines:**

- Essays must be typewritten or computer generated, double-spaced with 12 point Times or similar font style on one side of white paper following standard manuscript format.
- Essayist will write on designated subject only posted at [http://entnemdept.ifas.ufl.edu/honeybee/4h\\_essay.html](http://entnemdept.ifas.ufl.edu/honeybee/4h_essay.html)



- All factual statements must be referenced with bibliographical-style end notes.
- All entries must include (on a sheet separate from the essay) a brief biographical sketch of the essayist including date of birth, gender, complete mailing address, and telephone number.
- Length of the essay itself should be 750 to 1000 words (word count does not include endnotes, bibliography/references, or the essayist's biographical sketch).
- Essays will be judged on scope of research (40%), accuracy (30%), creativity (10%), conciseness (10%), and logical development of the topic (10%)
- The state winners from Florida will be determined by The University of Florida Honey Bee Research and Extension Laboratory's Essay Committee whose decision is final. The first place essay at the state level will be entered into the national running. The National Winner will be decided by the Foundation's Essay Committee, whose decision is final.

## **Forest Ecology Judging Event**

The goals of these events are to make Florida 4-H club members and their leaders more knowledgeable about the natural environment of Florida and to realize the value and importance of Florida forests. Participating 4-H members compete by identifying common Florida forest plants and animals, including common forest insects and diseases, answering questions about trees and ecosystems, and using maps and compasses. See [www.sfrc.ufl.edu/4h](http://www.sfrc.ufl.edu/4h) for details.

### **State Contest**

**When:** April 18, 2009 and April 10, 2010

**Where:** Austin Cary Memorial Forest, Gainesville, FL

### **Participation Criteria:**

- Junior - 4-H'ers must be 8-10 years old as of September 1 of the current program year.
- Intermediate - 4-H'ers must be 11-13 years old as of September 1 of the current program year.
- Senior - 4-H'ers must be 14-18 years old as of September 1 of the current program year.

### **Participation Procedures and Quotas:**

- Up to two teams of four and up to two individuals per age category, per county.

### **Awards:**

- State Contest: Trophies for each division. The high scoring individual senior is eligible for a renewable scholarship to the School of Forest Resources and Conservation.
- National Contest: The winning team at the state contest is eligible to represent Florida at the National Forestry Invitational.

## **Wildlife Habitat Evaluation Program (WHEP)**

This is a 4-H youth natural resource program dedicated to teaching wildlife and fisheries habitat management to junior, intermediate & senior level (8-18) youth. Participants learn to identify common wildlife foods, judge the quality of wildlife habitat from aerial photographs, and recommend wildlife management practices.

### **State Contest**

**When:** April

**Where:** Austin Cary Memorial Forest, Gainesville, FL



**Participation Criteria:**

- Junior/Intermediate 4-H'ers must be 8-13 years of age by September 1 of the current program year.
- Senior 4-H'ers must be 14-18 years of age by September 1 of the current program year.

**Participation Procedures and Quotas:**

- There are two youth divisions, junior/intermediate and senior. A team consists of 3-4 members.
- Individual youth may compete if there are not enough to form a team. Teams of a minimum of three youth may be registered, as the three highest scores from a four person team are used in competition.
- There is not limit to the number of individuals or teams sent by each county. Each team & individual must register in advance and pay a small registration fee.

**Awards:**

- Trophies are awarded to the top three teams and individuals in each age division.
- There is a national WHEP contest that is held each year (usually in July) for the winners of each state. Only the first place senior team goes to the national WHEP contest.

**Land Judging Event**

This team competition supports the environmental and natural resource programs. Youth learn soil types and appropriate land use, including home site evaluation. It promotes an appreciation for the capability of the land and the contribution it makes to an individual's standard of living. The event also helps to improve personal knowledge and skills as well as family appreciation for the importance of conserving natural resources.

**When:** Consult Annual 4-H Calendar

**Where:** Varies

**Participation Criteria:**

- 4-H members must be 14-18 years old by September 1 of the current program year, and not have graduated from high school.
- There is also a Middle School (Junior and Intermediate levels) competition for 4-H members who are between 8-13 years of age prior to September 1 of the current program year.
- Must have been 4-H members for at least 30 days prior to the contest.

**Participation Procedures and Quotas:**

- One senior level team and one junior level team (consisting of 3-4 members each) per county may be entered in the state contest following county contests.

**Awards:**

- Plaques/rosettes will be awarded to high scoring teams and individuals. The winning senior level teams will be given partial funding for a trip to the National Land Judging Contest in Oklahoma.

**Florida 4-H State Marine Ecology Event**

This state competition supports the 4-H marine education program. Participants identify selected organisms (i.e., vertebrates, invertebrates, plants) found in marine habitats and demonstrate their knowledge of concepts related to marine ecology and marine ecosystems. Rules, guidelines, and study materials can be obtained through the 4-H web site.

**When:** Late October or early November

**Where:** Locations may vary



**Participation Criteria:**

- Junior level participants must be 8-10 years old by September 1 of current program year.
- Intermediate level participants must be 11-13 years old by September 1 of the current program year.
- Senior level participants must be 14-18 years old by September 1 of current program year.

**Participation Procedures:**

- Each county may submit two teams (consisting of 3-4 members each) and two individuals per age category. The three highest individual scores will be figured into the team's total score.
- Pre-registration materials must be received approximately two weeks prior to the actual event, and all teams must be present at the beginning of the event.
- 1<sup>st</sup> Place Seniors will be eligible to compete again in following years. Once a senior participant has won 1<sup>st</sup> place twice, they will no longer be eligible to compete as an individual or as a team member.

**Awards:**

- Trophies, medals or plaques will be distributed to winners according to their placing. Certificates of Participation will be awarded to all participants.

**Florida 4-H State Marine/Aquatic Photography Contest**

This state competition supports the 4-H marine education program and is held in conjunction with the State Marine Ecology Event. This contest is open to all 4-H members, regardless of age. The photo categories participants may enter include 1) marine habitats and ecosystems (i.e., coral reefs, mangroves, salt marshes, etc.), 2) marine life (fish, crabs, shells, seaweed, etc.) and 3) people and the marine/aquatic world (photos of people interacting with or impacting the marine/aquatic world (diving, swimming, boating, surfing, fishing, etc.)), 4) aquatic habitats (scenes of ponds, lakes, rivers, etc.), and 5) aquatic life (photos of pond turtles, fish, insects, etc.).

**When:** Late October or early November (during the State Marine Ecology Event) **Where:** Locations Vary

**Participation Criteria:**

- Open to individual 4-H members from 5-18 years old. Members must be within this age range by September 1 of the current program year. Cloverbuds (5-7 year olds) may submit photos on a non-competitive basis and will receive certificates of participation.

**Participation Procedures:**

- Individual participants may enter up to three mounted photos in the contest and in any category.
- A total of 15 photos from any one county may be entered.
- Photos must be sent to the State 4-H Office no later than one week before the event occurs.
- Participants need not be present to win an award.
- More information on contest rules, guidelines, and county entry forms may be obtained from the 4-H web site.

**Awards:**

- Ribbons will be awarded for first, second, and third place winners in each category.
- Certificates of participation will be given to all who enter.



**Shooting Sports State Matches:** Air Rifle, Small Bore Rifle, Archery, Shotgun, Muzzleloading, and Hunting Disciplines.

These State level matches are open to 4-H participants who are in a county shooting sports club/program led by a discipline certified 4-H Shooting Sports leader/volunteer. Participants may enter as an individual or county team. (All participants are scored as individuals with awards going to high point individuals regardless of their participation with a team.) Registration materials are generally sent via email to county extension offices.

**When:** March and April

**Where:** Locations vary

**Participation Criteria:**

- All participant registration forms must be submitted through the county office for signature in order to verify eligibility (i.e., County agent must certify that the participant is in a club with a certified volunteer for the discipline in which they want to compete).
- Intermediate and senior participation only for shotgun, hunting and muzzleloading. All other disciplines are open to junior, intermediate and senior divisions.

**Participation Procedures:**

- Each county may submit up to two teams (3-4 members each) per age division in each discipline. The three highest individual scores are calculated for the team score.
- If the participant quota is not met by the close of registration for the particular event, additional teams from previously registered counties will be allowed to participate.

**Awards:**

- Plaques and rosettes are awarded to high scoring teams and individuals in each division.
- High scoring individuals within the senior division are eligible to participate in the National Shooting Sports Invitational in the following year.

## ***FAMILY AND CONSUMER SCIENCES***

**Florida State Fair Fashion Show**

Fashions are designed, constructed, and modeled by 4-H'ers. Contestants must be selected through a County Contest. The contest consists of three divisions for youth with four or five categories in each division (with the exception of Designers).

**When:** February

**When:** Florida State Fair, Tampa, FL

**Participation Criteria:**

Youth Divisions

- I Young at Heart: must be 8-10 years old by Sept. 1
- II Savvy Sewers: must be 11-13 years old by Sept. 1
- III Timely Teens: must be 14-18 years old by Sept. 1

**Participation Categories:**

**Junior and Intermediate Categories:** Young at Heart and Savvy Sewers

- Active Play: One or two separates made from coordinated fabrics for a total look for your favorite leisure activities. No swim wear is permitted.
- School Wear: One, two or three garments, coordinated for a total look acceptable for school.



- Best Wear: For girls, street length one or two piece dress, or dress with jacket or vest suitable for daytime wear. For boys, slacks with shirts or vests suitable for daytime wear.
- My Choice: Costumes, western wear, lounge wear or other garments that do not fit another category.

**Senior Categories:** Timely Teens

- Active Sports Wear: One, two or three piece outfits from coordinated fabrics for a total look for your favorite leisure activities.
- School/Informal Wear: Non-tailored, casual outfits of one or more garments, coordinated for a total look acceptable for non-formal events like school, youth activities, etc.
- Dress for Work: Dresses, suits or tailored sportswear suitable for a business setting.
- Special Occasion: Dressy ensembles appropriate for special occasions.
- My Choice: Costumes, western ware, lounge wear or other garments that do not fit another category.

**Participation Procedures:**

- Official entry and data forms must be sent to Judy Butterfield , PO Box 110225, Gainesville, FL 32611, by the printed deadline date (consult the State 4-H Events Calendar).

**Awards:**

- Winners will be recognized during the Florida State Fair. Ribbons/cash will be presented in each division for each category. A “Best of Show” winner will be selected for youth. Winners will receive a “Best of Show” rosette and \$50.

**Clothing Construction, Selection and Fashion Revue**

In this event, 4-H youth will develop the skills necessary to plan, select, or construct clothing for different occasions, and enhance their ability to determine which accessories are suitable and becoming. 4-H’ers can build self-confidence and poise through developing an understanding of “self” through: 1) designing and creating an article of clothing which will complement them and express their personality; Or 2) demonstrate skills in consumer decision-making as they select becoming choices for their clothing needs.

**State Contest**

**When:** Late July      **Where:** Florida 4-H Congress, Gainesville, FL

**Contest Divisions and Categories:**

- This contest has two divisions:
  - 1) Clothing Construction and
  - 2) Clothing Selection.

Seniors (ages 14-18) may enter one outfit or ensemble in one of the following categories in either the selection or construction division.

- Active Sports Wear: One, two or three piece outfits from coordinated fabrics for a total look for your favorite leisure activities. No swimwear is permitted.
- School/Informal Wear: Non-tailored, casual outfits of one or more garments, coordinated for a total look acceptable for non formal events like school, youth activities, etc.
- Dress for Work: Dresses, suits or tailored sportswear suitable for a business setting.
- Special Occasion: Dressy ensembles appropriate for special occasions.
- My Choice: Costumes, western wear, lounge wear or other garments that do not fit another category.



### **Contest Procedures and Scoring:**

Scoring and winners in each division and category will be selected on three parts:

- 1) garment evaluation;
- 2) modeling and presentation; and
- 3) skill-a-thon performance.

Score cards, procedures and training/study kits are available through county extension offices or the 4-H Web site, Clothing Project.

### **Participation Criteria:**

- 4-H'ers must be at least 14 years old by September 1 of the current program year.
- 4-H'ers may only enter one category in either the Selection Division or the Construction division, not both.

### **Participation Procedures**

- District: A District level event is not required but is encouraged to serve as another excellent training event.
- State: One Senior entry per category within each division. Counties may have a total of ten (10) entries plus 1 extra entry at the discretion of county staff/judges.
- Official entry and data forms must be sent to Judy Butterfield , PO Box 110250, Gainesville, FL 32611, by the printed deadline date (consult the State 4-H Events Calendar).

### **Awards:**

- State: First, second and third place winners will receive trophies.

## ***PLANT SCIENCES***

### **Horticulture Identification and Judging Event**

This event supports the county 4-H plant science/horticulture program by providing an opportunity for 4 H members to acquire knowledge and skills in identification and selection of horticultural products (i.e. vegetables, fruits, flowers, ornamentals) and then apply these basic skills to consumer decision-making.

State Contest

**When:** Last week of July      **Where:** Gainesville, FL

### **Participation Criteria:**

- 4-H'ers must be at least 14 years old by September 1 of the current program year.

### **Participation Procedures:**

- County: Establish own regulations
- District: Optional competition
- State: One senior level team consisting of three or four members (14-18 years old) per county.
- National: The state winning team is eligible to represent Florida in the National Junior Horticultural Association Conference and Contest.

### **Awards:**

- Trophies will be given to top individuals and teams at the state level. Partial sponsorship to national competition.



## District, State, Regional, and National Event Progression System

<i>Event</i>	<i>Location</i>	<i>District</i>	<i>State</i>	<i>Reg/National</i>
<i>Demonstrations &amp; Illustrated Talks</i>	<i>County or District Event Location or State 4-H Congress</i>	<i>All County Blues</i>	<i>All District Blues</i>	<i>Refer to Demo descriptions</i>
<b>Animal Science</b>				
<i>Horse Demonstration</i>	<i>Horse Events Day, Gainesville, FL, June</i>	<i>All County Blues</i>	<i>All District Blues</i>	<i>Southern Regional Horse Championship  Eastern National 4-H Roundup</i>
<i>Horse Public Speaking</i>	<i>Horse Events Day, Gainesville, FL, June</i>	<i>All County Blues</i>	<i>All District Blues</i>	
<i>Horse Bowl</i>	<i>Horse Events Day, Gainesville, FL, June</i>	<i>N/A</i>	<i>1 Team per County</i>	
<i>Hippology Contest</i>	<i>Orange County Ag Center</i>	<i>N/A</i>	<i>Any number of Senior Teams, 2 int. teams</i>	
<i>Horse Judging Event</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>1 Senior Team per County</i>	
<i>Horsemanship School</i>	<i>Camp Welaka</i>	<i>N/A</i>	<i>Open Enrollment: 50 per week-4 weeks</i>	<i>N/A</i>
<i>Hog-n-Ham</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>Max of 40 Members</i>	<i>N/A</i>
<i>Livestock Judging</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>1 Senior Team per County</i>	<i>National Livestock Judging Contest, Louisville, KY Western Nationals, Denver, CO</i>
<i>Meats Judging and ID</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>1 Senior Team per County</i>	
<i>Poultry Judging</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>1 Senior Team, multiple jr./int. teams</i>	<i>National Poultry and Egg Contest, Louisville, KY</i>
<i>State 4-H Youth Dog Show</i>	<i>Tampa, FL</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>State 4-H Youth Dog Quiz Bowl</i>	<i>Varies</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>Southern Region 4-H Youth Dairy Retreat</i>	<i>Location Varies</i>	<i>N/A</i>	<i>N/A</i>	<i>Open Enrollment</i>
<i>National 4-H Dairy Conference</i>	<i>Madison, WI</i>	<i>N/A</i>	<i>N/A</i>	<i>Approximately 6 youth</i>
<i>Dairy Poster Contest</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>Top in each age division at County</i>	<i>N/A</i>
<i>Dairy Judging Event</i>	<i>Tampa &amp; Kissimmee</i>	<i>N/A</i>	<i>1 per age division per county</i>	<i>National 4-H Dairy Judging Contest</i>
<i>Dairy Quiz Bowl</i>	<i>Tampa, FL</i>	<i>N/A</i>	<i>1 junior team, 1 int. team, 2 senior teams per county</i>	<i>Dairy Quiz Bowl Contest, Louisville, KY</i>
<i>Dairy Goat Judging Contest</i>	<i>Tampa &amp; Orlando</i>	<i>N/A</i>		<i>N/A</i>
<b>Civic and Leadership Development</b>				
<i>Executive Board Weekend</i>	<i>Locations Vary</i>	<i>N/A</i>	<i>Executive Board Member</i>	<i>N/A</i>
<i>Leadership Adventure Weekend</i>	<i>Locations Vary</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>Florida 4-H Congress</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>See Congress Summary</i>	<i>N/A</i>
<i>Florida 4-H Legislature</i>	<i>Tallahassee, FL</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>



<i>Event</i>	<i>Location</i>	<i>District</i>	<i>State</i>	<i>Reg/National</i>
<i>Residential Summer Camp</i>	<i>4-H Camps</i>	<i>N/A</i>	<i>County Specific</i>	<i>N/A</i>
<i>Citizenship Washington Focus</i>	<i>Chevy Chase, MD</i>	<i>N/A</i>	<i>N/A</i>	<i>Open Enrollment</i>
<i>National 4-H Congress</i>	<i>Atlanta, GA</i>	<i>N/A</i>	<i>N/A</i>	<i>Up to 30 picked through Portfolio</i>
<i>National 4-H Conference</i>	<i>Chevy Chase, MD</i>	<i>N/A</i>	<i>N/A</i>	<i>Up to 4 picked through Portfolio</i>
<i>Southern Region Volunteer Leaders' Forum</i>	<i>Eatonton, GA</i>	<i>N/A</i>	<i>N/A</i>	<i>Open enrollment</i>
<b>Communication and Expressive Arts</b>				
<i>Public Speaking</i>	<i>State 4-H Congress</i>	<i>Top 2 at County</i>	<i>Top Blue at District</i>	<i>N/A</i>
<i>Photo Contest</i>	<i>State 4-H Congress</i>	<i>Optional Exhibit</i>	<i>Top 3, each age group, each division</i>	<i>N/A</i>
<i>Poster Art Contest</i>	<i>State 4-H Congress</i>	<i>Optional Exhibit</i>	<i>Top 3 from each county</i>	<i>N/A</i>
<i>Share-the-Fun</i>	<i>State 4-H Congress</i>	<i>Top 2 at County</i>	<i>Top Blue at District</i>	<i>N/A</i>
<b>Environmental Education</b>				
<i>Florida 4-H Marine Camp</i>	<i>Camp Timpoochee</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>Florida 4-H Shooting Sports and Sportfishing Camp</i>	<i>4-H Camp</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>Beekeeping Essay Contest</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>1<sup>st</sup> Place Essay at State Contest</i>
<i>Forest Ecology Judging Event</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>2 teams &amp; 2 ind. Per age division</i>	<i>1<sup>st</sup> Place Senior Team National Forestry Invitational</i>
<i>Wildlife Habitat Evaluation Program</i>	<i>Gainesville, FL</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>National WHEP Contest</i>
<i>Land Judging Event</i>	<i>Location Varies</i>	<i>N/A</i>	<i>One Senior Team Per County</i>	<i>1<sup>st</sup> Place Senior Team National Range Competition</i>
<i>State Marine Ecology Event</i>	<i>Location Varies</i>	<i>N/A</i>	<i>2 county teams per division</i>	<i>N/A</i>
<i>State Marine/Aquatic Photo Contest</i>	<i>Location Varies</i>	<i>N/A</i>	<i>Maximum of 15 photos from one county</i>	<i>N/A</i>
<i>Shooting Sports State Matches</i>	<i>Location Varies</i>	<i>N/A</i>	<i>2 County Teams per Age Division</i>	<i>High Scoring Senior Individuals- National Shooting Sports</i>
<b>Family and Consumer Sciences</b>				
<i>Florida State Fair Fashion Revue</i>	<i>Florida State Fair</i>	<i>N/A</i>	<i>Open Enrollment</i>	<i>N/A</i>
<i>Clothing Construction, Selection, and Fashion Revue</i>	<i>State 4-H Congress</i>	<i>Optional</i>	<i>See Pages</i>	<i>National Fashion Revue and Scholarship Program</i>
<b>Plant Sciences</b>				
<i>Horticulture ID and Judging</i>	<i>Florida 4-H Congress</i>	<i>Optional</i>	<i>One Senior Team per county</i>	<i>National Junior Horticulture Association</i>



*Preserving the Past & Promoting Our Future*



Florida 4-H 1909-2009

## *4-H Pledge*

*I pledge my head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service,  
And my health to better living for  
My Club, my community, my county,  
And my world!*

*4-H... To Make the Best Better*

**UF** | UNIVERSITY of  
**FLORIDA**

IFAS Extension

4-H Youth Development